

RUNNING WILD

Take a walk on the wild side!

This unique course is set in a beautiful landscape that winds through wetlands and timber giving participants an opportunity to view natural habitats and wildlife of southeast Iowa.

Walk or run through scenic Port Louisa National Wildlife refuge on a level (flat), crushed gravel road.

Walkers of all ages are encouraged to attend this family-oriented event !

Prize for team with most participants registered by race time. Join together with family, friends, co-workers or all three!

Perks & Prizes

- T-shirt & bird seed for all registered participants
- Handcrafted bird feeders for first place finisher overall and in each age/sex category
- Medals for all children in fun run
- Educational exhibits and nature "hikes" by canoe led by area naturalists

Trail Run/Walk

Saturday, August 22, 2009

8:30 a.m.

Port Louisa National Wildlife Refuge
Near Wapello, Iowa

Events:

- 3 mile run/walk
- 5 mile run/walk
- 1 mile Farm Bureau Fun Run for kids ages 7 - 12
- 1/2 mile Farm Bureau Fun Run for kids ages 6 & under

Location:

Port Louisa National Wildlife Refuge
9800 120th Street, Wapello, Iowa

Schedule:

- 7:30 Packet pickup opens
- 8:30 5 mile races begin
- 8:45 3 mile races begin
- 9:30 Prizes awarded for 5 & 3 mile races
- 10:00 Farm Bureau Kids' Fun Run begins

Entry Fees: \$15/ 3M or 5M; \$10/Kids' Fun Run;
\$40 Family Special (parents and children under 18)

Registration must be received by August 7 to guarantee your t-shirt size will be available.



MONSANTO
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For more information contact:

Louisa County Conservation Board

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Race proceeds benefit conservation efforts in and near Louisa County through:

